

Best Doctors

Connecting you with the best medical care and advice when you need it most



Group Benefit Solutions also includes several other value-added services and savings to help support your business and your employees:

- Work-Life Employee Assistance Program
- Perkopolis⁺
- HR Support for Small Business
- Elevate™ Wellness Program

When you have a medical condition, managing your care can be confusing and intimidating. Access to the right information can make the difference between merely coping with an illness or injury and pursuing promising treatment options.

That's where Best Doctors⁺ services can help. Available to you and your eligible* dependents at no additional cost as part of your employer's RBC Insurance® Group Benefit Solutions plan, Best Doctors can connect you with the right medical care and advice when you need it most.

How Best Doctors can help

Best Doctors helps individuals with medical conditions in five key ways:

- **InterConsultation⁺ – diagnosis and treatment.**

More than just a second opinion, Best Doctors experts will conduct an in-depth analysis of your medical records, including imaging scans, X-rays, test results and any pathology (which is retested). You will receive a written summary of their findings, including treatment recommendations, which you can share with your doctor.

- **FindBestDoc⁺ – access to Canadian specialists.**

Best Doctors will conduct a customized physician search and recommend leading Canadian specialists who are accepting new patients.

- **FindBestCare⁺ – international expertise.**

When expert physicians or leading care facilities are required outside Canada, Best Doctors will find them for you and inquire about appointment availability on your behalf.

- **Best Doctors 360^{o+} – dedicated advocate.**

Call Best Doctors for help navigating the healthcare system, medical information and resources, one-on-one support and customized health coaching for a wide range of health concerns, from simple to serious.

- **Onward by Best Doctors⁺ – enhanced and timely support for mental health.**

Best Doctors will provide enhanced and timely support should you have a disability claim due to depression, anxiety and other mental health concerns. Support includes significantly faster access to psychologists (including a series of 12 therapy sessions), recommendations by leading psychiatrists to your treating physician to confirm and/or change the diagnosis, and a treatment plan and one-on-one assistance from an assigned Client Advocate who provides support and guidance throughout the program.

Committed to your good health

Call Best Doctors when you need:

- Answers to questions about a medical condition or personal health issue
- Help understanding a diagnosis, treatment plan or medical condition
- A leading medical specialist within or outside of Canada
- A second opinion about a medical condition
- Assistance navigating the Canadian healthcare system

Note: Under your employer's **RBC Insurance Group Benefit Solutions plan**, you and your eligible* dependents have unlimited access to Best Doctors for any medical condition or health concern you may have, at no additional cost. All costs associated with medical treatment, travel and lodging, however, are the responsibility of the employee or dependent.

To learn more about how this valuable service can help you, call the Best Doctors bilingual toll-free telephone number at 1-877-419-2378. You can also visit our website at www.bestdoctorscanada.com/rbc for more information on how to activate the service.



Insurance

Underwritten by RBC Life Insurance Company.

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*Dependent spouse and dependent children under the age of 26.

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